



Guernsey Disability Swimming LBG provides facilities to enable people with a range of disabilities to swim safely in a protective and secure environment



Once a week Guernsey Disability Swimming LBG has exclusive use of Beau Sejour's swimming pool for disabled swimmers and their carers to use.

Guernsey Disability Swimming LBG was officially set up in 2015 but our team members have been helping disabled swimmers in the water for over 20 years.

Anyone with a permanent or temporary disability is welcome to join in. We have a range of flotation equipment for swimmers to use and a hoist is available to assist members both in the changing areas and in the swimming pool.

Whatever your disability, our friendly group of volunteers are on hand each week to welcome you to Guernsey Disability Swimming LBG.



## SWIM SESSIONS

Venue: Beau Sejour  
Day: Thursday  
Time: 6:00 - 7:00pm

The sessions are held weekly throughout the year (excluding Christmas and New Year).

Any swimmer who requires physical assistance either in the water or in the changing rooms must be accompanied by their own responsible adult.

Similarly, all swimmers under the age of 18 must be accompanied by their own responsible adult.

## REGISTRATION FORMS

You will need to fill in a registration form before you can join us and these are available by contacting us by email at [GDS@gmail.com](mailto:GDS@gmail.com).

If you have any questions or require any further information, please contact Ruth Parsons on 01481 264592.

