

Things to think about as you move

Towards Adulthood

- Ask your GP about an annual health check up and what it involves.
- Make sure you/ your guardian or carer receive the correct benefits.
- Make sure that you have all the correct information in a file about who services any equipment you may have.
- Will you need any adaptations to your home in the future? Contact your Child Lead Professional if you have any queries on this.



Useful Contacts

By logging into **Signpost.gg** you can look at all the services for children and young people and adult services that are available in Guernsey.

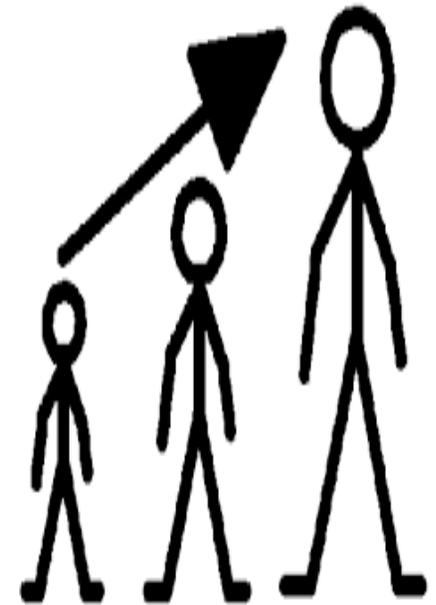


For further information
about Adult Transition

Contact:
The Adult Learning Disability
Team
on 01481 230000
to ask to speak with the
Transition Coordinator



States of Guernsey
Adult Community Services



14 +

**TRANSITION
INFORMATION**



What Adult Learning Disability Services do?

When you are 14 + years of age

The transition coordinator from the adult learning disability team will come to one of your school reviews to introduce themselves to you and your family or carer(s). They will explain what their job is and how they can help you and your family plan for your future. They will also work closely with your school and other people that are a part of your current daily routines, so that they can make links with other services and support you in the future. If you have more complex needs, the transition coordinator may also work with other health professionals to make sure they are able to help in the future.

School will develop your transition plan, which you can be involved in by telling people:-

- What your hopes and dreams are for the future?
- What you like and what you do not like?
- What you are good at?
- What you need help with?
- What you need to learn and get better at, so you can reach your goals?
- How to help you to make choices and decisions?

School will also continue to help you and your family, by making sure you are able to get support and advice from other people who work in children's services, if you need to.



What next?

You and your family or carer(s) might not see the transition coordinator very much during year 9, but they will keep in touch with your school to make sure everything is going well.

The transition coordinator will also be in touch with other people who work with you, to explore future options.

When you are about to move up to year 10, the transition coordinator or allocated lead professional will come to your review and meet with everyone involved to make sure all the information that has been shared is still up-to-date and that you are still working towards achieving your goals.

The transition coordinator will also make sure they pass on to Adult Services any new information that will help with your transition towards adulthood.

