

## Things to think about as you move

### Towards Adulthood

Make sure you book an annual health check with your GP.( this is normally free)

Make sure you/parent or carer receive the correct benefits.

Make sure that you have all the correct information in a file about what services and equipment you may have.

Think about any adaptations needed in your home in for the future?

Arrange to visit the hospital so that you know where it is and you what is on offer there for when you become 18.



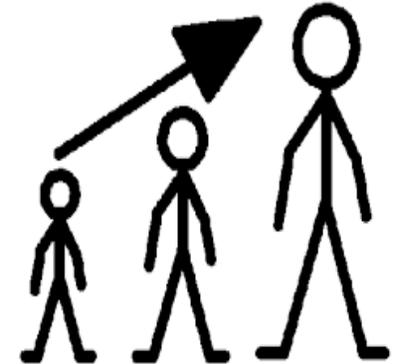
### Useful Contacts

By logging into **Signpost.gg** you can look at all the services for children and young people and adult services that are available in Guernsey.



**For further information  
about Adult Transition**

**Contact:  
The Adult Learning Disability  
Team  
on 01481 230000  
to ask to speak with the  
Transition Coordinator**



**16 +**

**TRANSITION  
INFORMATION**

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When you are about to move up to year 10, the transition coordinator will come to your review to provide information and advice along with other relevant professionals (as in year 9).

- College advisors need to be involved to ensure your applications for post-16 education is made and timed to meet College of Further Education deadlines (if you want to go to college).
- The lead professionals need to know when you are likely to stop full time education either from school or further education.
- The adult transition coordinator's role is to help coordinate the transition process once it has been established that the young person has a learning disability .

## School

Your transition plan should be updated with key action points and the names of those responsible for carrying them out.

School/College will help with supporting you to visit different places and activities that you might like to go to once you are 18.



## What next ?

The adult transition coordinator will meet with your Child Lead Professional to make sure all the information that has been shared is still up-to-date and that you are still working towards achieving your goals.

The transition coordinator or the allocated lead professional will also start to complete their assessment using information which has already been recorded on your school plans.

Depending on any additional needs you may have, other referrals may be made at this time to ensure other health professionals in adult services know about you and your needs.

