

At Alzheimer's Society we're working towards a world where dementia no longer devastates lives. We do this by giving help to those living with dementia today, and providing hope for the future by campaigning to make dementia the priority it should be and funding groundbreaking research.



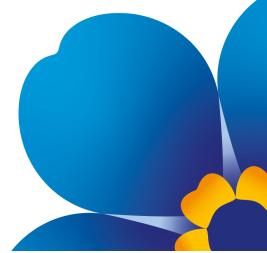
Together we are help & hope for everyone living with dementia



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Dementia Services

Guernsey 2023



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.

Dementia Support Service

Dementia Advisers offer information and practical guidance to help people understand dementia, cope with day-to-day challenges & prepare for the future. Support is offered in person, over the phone, by email or in writing. Dementia Advisers are there to explain about the condition as well as signposting people to the support services available.

Activity Group

We have informal activity groups which give a person with a diagnosis of dementia the opportunity to take part in a variety of activities, which focus on socialising and getting to know the others in the group

Every Wednesday from 2.15pm till 4.30pm at Rosaire Court, Rosaire Avenue, St Peter Port, GY1 1XW

Singing for the Brain

This is a stimulating group activity, for people with dementia and their carers, which can help with general wellbeing and confidence. It is also a place to socialise and meet other people affected by dementia

Every Friday from 2pm till 4pm at St Martin's Community Centre, La Rue Maze, St Martins, GY4 6RR

Drop-In Support Services

Rosaire Court & Gardens (Housing & Care 21) Rosaire Avenue, St Peter Port, GY1 1XW

First Thursday of the month* 2.30pm to 4.30pm

La Nouvelle Maraitaine Community Library, Rue Maraitaine, Vale, GY3 5DQ

Last Thursday of the month** 10.00am to 12.00pm

* No Drop-in in April or September

** No Drop-in in March, August or December

Cognitive Stimulation Therapy (CST)

CST group for people with mild to moderate dementia

The activities offered at a CST group aim to stimulate people's minds to be active and engaged.

Fortnightly on Tuesdays from 10.30am to 11.30am at Rosaire Court, Rosaire Avenue, St Peter Port, GY1 1XW

For further information about any of our services, please contact 07911 738774 or guernsey@alzeimers.org.uk